



Located in a peri-urban area east of Cape Town, ThembaCare Grabouw serves as the only 24hr overnight Hospice Facility, in a town of more than +- 65,000 people. This 7 Bed Hospice was initiated to provide quality palliative & holistic care for those who are terminally ill and whose lives have been devastated by HIV/AIDS, TB, Cancer and Chronic Illness. ThembaCare has a dedicated team of excellently trained palliative care professional nurses, care workers and lay counsellors, who either work in the InPatient Unit of the Hospice Facility, the Home Based Care Unit or the HIV Counselling and Testing Unit.

Taking **healthcare** to our vulnerable community members.

WHY WE DO IT

Grabouw is a town with a known population of more than +- 65,000 people with a known HIV infection rate of 34% (2015 DOH Stats), in addition to having one of the highest TB infection rates in the world. There are major psychosocial and infrastructural challenges in this community and 40% of households survive on less than R2000 per month. There is only 1 Local Department of Health Day Clinic in the community of Grabouw, that see's over 3000 to 5000 patients daily and is usually understaffed. To assist in addressing the health needs of the community, ThembaCare Hospice facility, partnered with the Department of Health (Overberg District).

HOW WE DO IT

- Provision of 24hr overnight Palliative and Nursing Care, in the In Patient Unit for terminally ill and vulnerable patients and their family members and in so doing ensure that their morale, hope and dignity is restored.
- Medical & Nursing Care & Support, for patients affected & infected with HIV/AIDS, TB, Cancer, Chronic illness and care of rehab patients. Provision of Pain & Symptom management & care and referral to other appropriate healthcare centres & services, If needed.
- Our Home Based Care Unit/Team, work to provide Adherence Care, Health Monitoring & Support, to more than +- 300 vulnerable patients, through daily home visits, in the community of Grabouw, the informal settlement areas and the surrounding farming areas. Impeccable follow-up care, adherence support and monitoring of patients in the community, and thus ensuring that patients that are referred to us, have access to medication treatment & healthcare provision.
- Provision of Health Education Outreaches & Awareness regarding HIV/AIDS, TB, Cancer & Chronic illnesses, to local schools, business areas and farms, assisting in the fight against HIV/AIDS & TB.
- Provision of Voluntary HIV, TB & Non Communicable Diseases (NCD) screening, counselling & testing through the Mobile HIV Counselling & Testing Clinic and through "client walk in" access in the hospice facility. Pre & post counselling ensures all the health education advice and informationis received.

*Join us in restoring hope and transforming lives,
because together we can make a difference.*

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ThembaCare Foundation NPC is a registered charity in South Africa, United Kingdom and USA.